

# *Trauma-Informed Parenting Group*

**For Caregivers of Children Who  
Have Experienced Trauma**

*Because parenting  
a child after a  
trauma is not  
always easy...*

*12 week course*

*FREE to caregivers  
living in  
St. Louis City*

*Earn up to 15  
foster parent  
training hours*

**We Provide:**  
Child Care  
Complimentary Dinner

## **Increase Your Skills and Knowledge About:**

- How trauma affects children
- Helping your child cope with the effects of trauma and heal
- Increasing effective communication with your child
- Ways to improve your child's behavior and attitudes
- Advocating for your child to get the help and support they need

**Mondays from 6:30-7:45p.m.  
4443 West Pine Blvd**

Transportation assistance available



partnering  
investing  
empowering

For more  
information on the  
TASK program call:  
**314-516-7330**

